

Breakfast

As part of The Plaza's commitment to environmental stewardship, this menu contains locally sourced, organic or sustainable items wherever possible. 100% of eggs served at The Plaza are cage free.

All cuisine is prepared without artificial trans fat. Created using fresh and nutritionally balanced ingredients.

Please inform your server of any allergies. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

WAKE-UP WELLNESS

Bircher Muesli

Swiss Alpen muesli, apple, raspberry, toasted almond, pistacho

> 94 nuts . dairy

Granola Parfait

Greek yogurt, seasonal berries, honey 20

dairy . nuts

Breakfast Quinoa Bowl

agave nectar, berries, mint, roasted coconut, avocado, groundcherry

> 99 vegan . tree nut

Seasonal Sliced Fruit & Berries

Selection of seasonal fruits and berries

22

Local Artisanal Cheeses

Three Murray's cheeses, crackers, seasonal jam, roasted walnut, dried apricot

> 32 dairy . nuts . gluten

SMOOTHIES

Buckingham Banana 18

Greek yogurt, banana, agave nectar, whole milk

Berry Protein 22

Realm, Strawberries, banana, coconut powder Choice of: low fat, whole, almond, soy milk

Morning Boost 24

Dates, blueberries, avocado, chia seeds, spinach Choice of: low fat, whole, almond, soy milk

Our smoothies are made with Realm, a nutrient-rich mix of fruits, veggies, superfoods, and plant protein. A certified Women Owned business, Realm is committed to eliminating food waste and lowering their carbon footprint.

Add to any smoothie: +4

LÁSSIC BREAKFASTS -

Continental

Choose three baked pastries: croissant, multigrain croissant, pain au chocolat, chocolate twist Seasonal Danish, seasonal muffin, seasonal sliced fruit, Greek yogurt. seasonal compote Choice of: freshly squeezed juice

Choice of: Coffee or organic loose leaf tea Served with Vermont butter, jams and honey

42 dairy . eggs . gluten

The Plaza American

Two eggs any style, tomato jam, breakfast potatoes Choice of: bacon, chicken apple sausage, pork sausage Choice of: freshly squeezed juice

Choice of: Coffee or organic loose leaf tea

Choice of toast: sourdough, rye, wheat, white, multigrain, English muffin, gluten-free, pita Served with Vermont butter, jams and honey

PLAZA SIGNATURES

McCann's Steel Irish Oatmeal

Sour cherries, organic brown sugar, candied pecan

18 vegan . nuts

Eggs Any Style

Two eggs any style, tomato jam, breakfast potatoes Choice of: bacon, chicken apple sausage, pork sausage Choice of toast: sourdough, rye, wheat, white, multigrain, English muffin, gluten-free, pita 30

eggs . dairy . gluten

Omelette

Tomato jam, breakfast potatoes

Choice of: cheddar, Swiss, American cheese, goat cheese, bacon, ham, bell peppers, jalapeños, tomato, red onion, mushroom, spinach

Choice of toast: sourdough, rye, wheat, white, multigrain, English muffin, gluten-free, pita

eggs . dairy

Short Rib Hash

Two poached eggs, braised short rib, onions, red & green peppers, potatoes, jalapeño 38

eggs

Eggs Benedict

Two poached eggs, English muffin, hollandaise sauce, tomato jam, breakfast potatoes Choice of: Canadian bacon, smoked salmon

eggs . dairy . gluten

Buttermilk Pancakes or French Toast

New York maple syrup

Choice of: banana, blueberry, chocolate chip, or seasonal fruit compote Gluten free available upon request

30

Avocado Toast

Sourdough toast, two poached eggs, smashed avocado, Choice of: smoked salmon ± 4 or lobster ± 10

36 eggs . dairy . gluten

SIDES 14

Bacon

Chicken Apple Sausage Pork Sausage

Cambridge House Smoked Salmon

Breakfast Potatoes

Sliced Avocado

NY Bagel & Cream Cheese

Mixed Green Salad

Hash Browns

Toast 12

Choose three: sourdough, rye, wheat, white, multigrain, English muffin, gluten-free, pita

Viennoserie 🕦

Choose three: seasonal Danish, seasonal muffin, croissant, multigrain croissant, pain au chocolat, chocolate twist

BEVERAGES

Le Palais Des Thés, Big Ben Breakfast Tea 13 A wonderful English breakfast blend of black teas from Yunnan, China & Assam, India

Le Palais Des Thés, Thé de Lords 13

Earl grey with a pronounced bergamot flavor

Dell'aria Coffee

Ethically sourced beans & locally roasted in New York American regular or decaffeinated 12 Espresso single 13 / double 19 Cappuccino or latte 15

Freshly Squeezed 17 Choice of: Orange, grapefruit, pineapple, carrot

Green Cleanse 18

Kale, cucumber, ginger, green apple, spinach

Juices 12

Choice of: Cranberry, pineapple, organic apple, tomato



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